

TERRY FOX RUN SEPTEMBER 18, 2022



I'M NOT A QUITTER.

"NOBODY IS EVER GOING TO CALL ME A QUITTER." – TERRY FOX

CONNECT, INSPIRE, MOTIVATE: TEAM UP FOR THE TERRY FOX RUN

TEAM UP with your colleagues this year to support life-saving cancer research. It's a fun, free, and empowering way to create excitement at work and make a difference in your community.



WORKPLACE BENEFITS

- Fosters team spirit and strengthens connections among colleagues
- Promotes employee engagement and commitment to your company
- Elevates corporate profile and creates a culture of community service in your workplace
- Champions your employees' physical and mental well-being
- Offers a meaningful tribute for employees impacted by cancer

In 1980, 21-year-old Terry Fox began a cross-Canada Marathon of Hope to raise awareness and funds for cancer research. Diagnosed with bone cancer in 1977, he realized hope could only be made possible through cancer research funding.

Terry Fox wasn't a quitter, and neither are we.

Teams have since helped raise over \$850 million in support of Terry's dream of a future without cancer. Join us this year and be inspired by what your Team can accomplish together.

DON'T DELAY - REGISTER TODAY!

- Choose a Team Name and register online at terryfox.org/teams
- Receive your Digital Welcome Kit, full of great tips for recruitment, engagement and fundraising
- Invite your colleagues to join your Team. The more, the merrier!
- Set a goal and keep your Team motivated with creative fundraising ideas and activities
- Team Up on September 18 and celebrate your success!

Register today at terryfox.org/teams
We'll help you every step of the way!
Contact us anytime at teams@terryfox.org



THE TERRY FOX
FOUNDATION