**Media Release**

**The Annual Terry Fox Run Returns for its 43rd Year**

[CITY, PROV] (Date)– When Terry Fox dipped his prosthetic leg in the Atlantic Ocean on that chilly April morning in 1980, and started his Marathon of Hope, he could not have imagined the impact he would have on our country – nor how his courage and determination would continue to inspire Canadians.

Today, 43 years later, Terry’s mission continues with hundreds of Terry Fox Runs, thousands of school Runs, and millions of supporters across Canada and in more than 20 countries around the world. It is inspiring to see that Terry’s message of hope is as strong as ever.

“It fills our family with joy to see Terry’s legacy inspiring future generations,” says Fred Fox, Terry’s older brother. “Every dollar raised by the people who join or support the Terry Fox Run helps fund cancer research. And every dollar helps realize Terry’s dream of a world without cancer.”

On **Sunday September 17, 2023**, Canadians across the country will gather once again for Terry and for cancer research. They’ll walk, run, bike, roll, and hike. Some will even get up at 4:30 AM to honour Terry’s favourite time to run.

Your generosity continues to make a life-changing difference in the lives of cancer patients and their families across Canada and beyond. When you give to the Terry Fox Foundation, your donation supports high-impact research that makes the greatest difference where it matters most.

It's an exciting time. We’ve learned more about cancer in the last 10 years than we have in the previous 50! And the pace of discovery continues to accelerate. We have so more to accomplish together. Join us for the Terry Fox Run. Be part of this beloved Canadian tradition and be part of the Marathon of Hope.

Find your local Run. Register, donate, and fundraise to change and improve lives. Your efforts support life-changing cancer research and bring us closer to a cure every day. Register and start fundraising at [terryfox.org](http://terryfox.org/).

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**About The Terry Fox Foundation**  
*The Terry Fox Foundation honours the vision and spirit of an iconic Canadian while raising critical funds for cancer research. As a leading national charitable organization, the Terry Fox Foundation also plays a vital role in building community. Each year, Terry’s vision is supported by more than 20,000 passionate volunteers and 3.5 million students in nearly 10,000 annual fundraising events across the country.*

*People around the world of all ages, backgrounds, and abilities have been inspired by Terry’s enduring legacy. Through the generous support of our donors, partners, and volunteers, the Terry Fox Foundation has raised more than $850 million and funded 1,300 innovative cancer research projects. Your support has helped bring hope and health to millions of Canadians. Visit* [*terryfox.org*](http://terryfox.org/) *for more information and to learn how you can help Terry’s Marathon of Hope cross the finish line.*

**For more information, please contact:**

**[Insert your information]**